



NORTH RIGTON

CHURCH OF ENGLAND PRIMARY SCHOOL

NORTH RIGTON

BULLETIN – FRIDAY 4TH DECEMBER 2020

“GROW, BLOSSOM, FLOURISH”

Dear Parents

Now the Lockdown has lifted we are able to start showing prospective parents around the outside of the school building again. If you know of anyone who would like a guided tour and an opportunity to chat with the Headteacher, please would you ask them to get in touch with the school office.

CHRISTMAS DATES

- **Tuesday 15th December** Christmas Party Day – please can children come to school in party clothes and bring their own **named** party lunch – no products containing nuts. Please can your child’s lunch be in a lunchbox/secure container or a recyclable bag. There will be no school lunch served on this day. Please note, children will still be going outside to play so they will need suitable shoes and coats.
- **Wednesday 16th December** Christmas Jumper Day -please can children come to school in Christmas jumpers, if they don’t have a Christmas Jumper, any Christmassy clothing or non-uniform will do. FONR will collect donations via a bucket on the playground or a Just Giving page, please do not bring any cash into school.
- **Wednesday 16th December** School Christmas Lunch
- **Friday 18th December** FONR Christmas Surprise Snow Day. As part of this day FONR have organised for an ice cream van to visit school (sshhh, don’t tell the children, it’s a surprise!). The ice creams will be in tubs and served following all current Health and Safety Guidance. If you do not want your child to receive an ice cream please can you let the office know as soon as possible, thank you. Further details about this day to follow.

Reminder: Please notify the office of any appointments that children attend during the school day, not just the class teacher – and with as much advance notice as possible, thank you.

Please see below information regarding Mental Health support in Harrogate:

- MIND are providing a **telephone service** (weekdays between 8.30am and 5pm) and looking to expand our **Zoom** offer. Advance booking is essential for these sessions which are free and open to anyone who needs support with their mental health.

- **Mental Health Befriending service - new service started October 2020**

This Service will match volunteer befrienders with people who would benefit from community based support (help with shopping, social meetings in cafes, walks). The service aims to develop social relationships for people who are isolated, lonely, in need of human companionship and struggle to make those connections on their own. Call **01423 503335** to register for support or email befriending@mindinharrogate.org.uk

- **Citizens Advice Craven and Harrogate Districts...**

provides quick access and specialist advice on Benefits, Consumer Matters, Debt and Money, Housing and Work for people with mental health problems and their carers. You will need to contact Mind in Harrogate District in the first instance to access this service. Email office@mindinharrogate.org.uk or call **01423 503335**.

- **Out of Hours Mental Health Support Service**

The service operates between 7.30pm and 11.30pm Saturday and Sunday evenings. Offering the opportunity for people in emotional distress to visit the Acorn Centre at Mind in Harrogate for face to face 1:1 emotional support, signposting and referral on to other services. Telephone : 01423 647216 or email ooh@mindinharrogate.org.uk

- **Counselling**

This service operates on Tuesday and Thursdays (10am - 6pm) and Saturdays from 10-4pm. Appointments can be made on **01423 547246** or via email counselling@mindinharrogate.org.uk Sessions are available face to face, via telephone or via Zoom. Please note this is a chargeable service.

Please also find attached to the Bulletin this week:

- A leaflet from our local foodbanks
- 2021 Activity Holiday Camps from Queen Ethelburga's

With every blessing,
Mrs Andrews