**Busy Bees Well Being Home Learning Grid** 

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| **BE A SCIENTIST**  **STEM ACTIVITIES**  Here are some great investigations and DT style activities to have a go at. They can be used using the contents of your cupboards at home.  <https://www.sciencebuddies.org/stem-activities>  **EXPLORIFY**  A great website to explore all things Scientific  <https://explorify.wellcome.ac.uk/> | **ENJOY GAMES**  **PLAY A BOARD GAME**  Get together with siblings or as a family to play a board game or do a jigsaw.  **MAKE YOUR OWN BOARD GAME or MAGNET GAME**  Design and make your own gameboard and write the instructions for it. Or use your knowledge of magnets to make a game involving magnets.  **SCRATCH**  Get coding online with SCRATCH. You can create your own games and music online. There are tutorials online to get your started.  <https://scratch.mit.edu/>  <https://www.scratchjr.org/> | **ON THE MOVE**  **JO WICKS**  Get active with Jo Wicks - 5 minute workout videos for kids.  A great way to stay active for the whole family  <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYlRfn6rYQ>  **SUPERMOVERS**  <https://www.bbc.co.uk/teach/supermovers>  Create your own Workout Video and do it with your family.  **EXERCISE CIRCUIT**  Create an exercise circuit in the garden for you and your family to enjoy. |
| **HAVE A HEALTHY MIND**  Take part in a mindfulness activity. Ideas on :  <https://www.teachstarter.com/gb/blog/classroom-mindfulness-activities-for-children-gb/>  Take part in activities on Cosmic Kids Yoga or Go Noodle  <https://www.cosmickids.com/>  <https://family.gonoodle.com/> | **GET OUTSIDE**  Help out in the garden by planting seeds, flowers or vegetables.  Why not build a den inside or out!  Go on a walk and look out for signs of spring. Take photos or collect items to document your walk  Check out these websites for lots of other ideas:  <https://www.theschoolrun.com/diy-forest-school-activities>  <https://www.rspb.org.uk/fun-and-learning/for-kids/games-and-activities/>  <http://www.treetoolsforschools.org.uk/categorymenu/?cat=trees&name=Trees&col=D2232A> | **BE CREATIVE**  **ART WITH NATURE**  Get outside and collect some natural materials to create a sculpture or a piece of art.  Check out the artist Andy Goldsworthy for some inspiration  **SAVE THE PLANET SCULPTURES**  Collect up single use plastics e.g. yoghurt pots, milk bottles etc. Use these to create a sculpture linking to plastic pollution. |