

## PSHE LONG TERM MAP

<b>Health and wellbeing</b>	<b>Relationships</b>	<b>Living in the wider world</b>
Healthy Lifestyles Keeping Safe Growing and Changing	Healthy Relationships Feelings and Emotions Valuing Difference	Rights and Responsibilities Taking Care of the Environment Money

	RECEPTION	YEAR ONE/ TWO		YEAR THREE/FOUR		YEAR FIVE/SIX	
		YEAR A	YEAR B	YEAR A	YEAR B	YEAR A	YEAR B
<b>AUT 1</b>	Which values are special at North Rigton?	How can our values help us make the right choice?	How can we help?	How can we eat well?	How can we be a good friend?	What does discrimination mean?	How can we stay healthy?
<b>AUT 2</b>	How do we decide how to behave?	What is bullying?	What is bullying?	What can we do about bullying?	What job would we like?	What are human rights?	What choices help with health?
<b>SPR 1</b>	How do we keep safe?	How do we keep safe?	How do we keep safe?	What are we responsible for?	What are the rules that keep us safe? How do we stay safe online?	What makes a healthy happy relationship?	How can we be safe online and using social media?
<b>SPR 2</b>	How do we keep safe?	What is the same and different about us?	How can we be healthy?	What is diversity?	How do we describe our feelings?	What makes a healthy happy relationship?	How can we be safe online and using social media?
<b>SUM 1</b>	How do we feel?	How do we show our feelings?	How can we keep safe in different places?	How can we keep safe in the local area?	How do we grow and change?	How can we manage money?	How can we keep safe in our local area?
<b>SUM 2</b>	What makes us special?	How do we stay safe online?	What can we do with money?	How can we keep safe in the local area?	How do we grow and change?	How can money affect us? What makes us enterprising?	How can we manage risk?

